



**Installation:** Naval Air Station Whiting Field  
**Address:** 7511 USS Enterprise St. Bldg. 3025  
**Phone:** (850) 623-7177  
**Email:** cnic\_se\_whtg\_ffsc@us.navy.mil



## FFSC NAS WHITING FIELD WORKSHOP SCHEDULE FOR JULY

Pre-registration is requested for all workshops. To register for our workshops, please call (850)-623-7177 or email cnic\_se\_whtg\_ffsc@us.navy.mil. All workshops are FREE and open to all active duty, reserve, retired personnel and their family members.

### Personal Financial Management Programs

July 10th	<b>Car Buying @ 1000</b>
July 18th	<b>Money and the move @ 1300</b>
July 30th	<b>Developing Your Spending Plan @ 0900</b>

### Family Employment Programs

July 9th	<b>Career Assessment @ 1000</b>
July 23rd	<b>Job Search Strategies @ 1300</b>
July 29th	<b>Navigating Federal Employment @1300</b>

### Sexual Assault Prevention and Response (SAPR)

July 9th	<b>SAPR GMT (Lassen Auditorium)@ 1000 OR 1400</b>
July 16th	<b>Unaccompanied Housing Training @ 0900</b>
July 23rd	<b>OOD &amp; A/CDO Training @ 0900</b>

### Life Skills Education Programs

July 2nd	<b>Military Spouse 101 @ 1000</b>
July 16th	<b>Conflict Management @ 1400</b>
July 25th	<b>Team Building @ 0900</b>
July 30th	<b>Communication Skills @ 1300</b>

### Relocation Assistance Programs

July 3rd	<b>Smooth Move (Bldg. 2998) @ 1100</b>
July 17th	<b>Smooth Move (Bldg. 2998) @ 1100</b>
July 31st	<b>Smooth Move (Bldg. 2998) @ 1100</b>

### Military Family Support Programs

July 10th	<b>Mind Body Mental Fitness Mod. 2 @ 1300</b>
July 11th	<b>SAIL Training @ 1300</b>
July 19th	<b>Mind Body Mental Fitness Mod. 3 @ 0900</b>
July 26th	<b>Mind Body Mental Fitness Mod. 4 @ 0900</b>

### Transition Assistant Program (TAP)

July 22-24	<b>TAP (Bldg. 2998) 0800-1600</b>
Aug 26-28	<b>TAP (Bldg. 2998) 0800-1600</b>
Aug 29-30	<b>B2B (Bldg. 2998) 0800-1600 VIRTUAL</b>

### Exceptional Family Member Program (EFMP)

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