



Installation: Naval Air Station Whiting Field
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FFSC NAS WHITING FIELD WORKSHOP SCHEDULE FOR OCTOBER

Pre-registration is requested for all workshops. To register for our workshops, please call (850)-623-7177 or email cnic_se_whtg_ffsc@us.navy.mil. All workshops are FREE and open to all active duty, reserve, retired personnel and their family members.

Personal Financial Management Programs

Oct. 8th	First Duty Station Financial @ 1300
Oct. 15th	Banking & Financial Services @ 1300
Oct. 22nd	How to survive the Holidays Financially @ 1300
Oct. 29th	Raising Financially Fit Kids @ 1300

Family Employment Programs

Oct. 9th	Mastering Your Resume @ 1300
Oct. 24th	Acing the Interview @ 0900

Life Skills Education Programs

Oct. 3rd	Healthy Relationships Bingo (Airdales) @ 1030
Oct. 16th	Military Spouse 101 @ 0900
Oct. 22nd	Anger Management @ 1000
Oct. 23rd	Team Building @ 1200
Oct. 29th	Stress Management @ 1300

Sexual Assault Prevention and Response (SAPR)

Oct. 15th	Unaccompanied Housing Training @ 0900
Oct. 22nd	OOD & A/CDO Training @ 0900

Relocation Assistance Programs

Oct. 2nd	Smooth Move (Bldg. 2998) @ 1100
Oct. 16th	Smooth Move (Bldg. 2998) @ 1100
Oct. 17th	Sponsorship (Bldg. 2998) @ 0900
Oct. 30th	Smooth Move (Bldg. 2998) @ 1100

Military Family Support Programs

Oct. 10th	Mind, Body, Mental Fitness (MBMF) Mod. 1 @ 1000
Oct. 17th	Mind, Body, Mental Fitness (MBMF) Mod. 2 @ 1200

Transition Assistant Program (TAP)

Oct. 21-23	TAP (Bldg. 2998) 0800-1600
Oct. 24-25	B2B (Bldg. 2998) 0800-1600
Nov 18-20	TAP (Bldg. 2998) 0800-1600
Jan 27-29	TAP (Bldg. 2998) 0800-1600

Clinical

Oct. 1st	DVAM Proclamation Signing @ 0900
Oct 4th	FAP Mod. 4
Oct. 17th	FAC Training