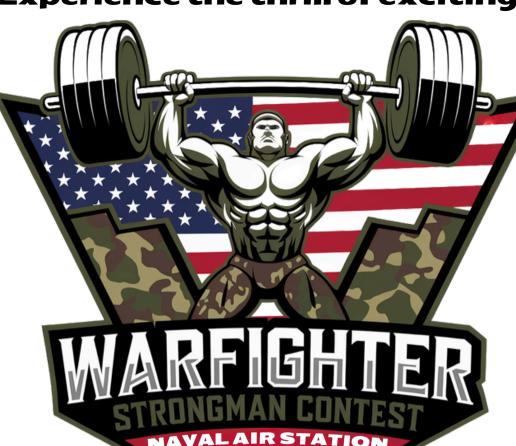
Experience the thrill of exciting competitions!



SATURDAY November

16

9am-2pm

REGISTER NOW

COMPETITIONS:

- Press Medley
- Deadlift Ladder
- Warrior Medley
- Steinstossen Stone Throw
- Atlas Stone Load



DIVISIONS FOR MEN AND WOMEN:





- Lightweight
- Middleweight
- Heavyweight
- Masters



FITNESS CENTER 850-623-7412